



# SCALING NEW HEIGHTS

OHIO'S PREMIER CME PROGRAM

**April 22-26, 2015**  
**Hilton Columbus**  
**Easton Town Center**

**FEATURED SPEAKER**  
**Alison Levine**

The adventurer, businesswoman and best-selling author describes how climbing the world's tallest peaks holds lessons on leadership and overcoming challenges.

[www.ooanet.org/cme](http://www.ooanet.org/cme)

**REGISTER NOW**

## 2015 OHIO OSTEOPATHIC SYMPOSIUM

A Collaboration of Ohio University  
Heritage College of Osteopathic Medicine  
and Ohio Osteopathic Association



# 2015 OHIO OSTEOPATHIC SYMPOSIUM

## We look forward to seeing you at the Symposium

The Ohio Osteopathic Symposium, a collaborative program of the Ohio Osteopathic Association and the Ohio University Heritage College of Osteopathic Medicine Society of Alumni and Friends, will be held at the Hilton Columbus at Easton from April 22-26, 2015. This year's Symposium promises to provide practical and clinically relevant information. The program offers an excellent agenda packed with engaging, informative and stimulating medical education sessions – presented by experts in their areas of study and practice. The overall objective is to deliver a well-constructed CME program that offers you innovative and timely information and insight that you will immediately put to use in your practice.

***The Symposium also provides a great opportunity to meet colleagues from around the state and region and reconnect with your peers.***



## KEYNOTE SPEAKER

### **Alison Levine**

AMERICAN MOUNTAIN CLIMBER, SPORTSWOMAN, EXPLORER, AND ENTREPRENEUR. SHE HAS ASCENDED THE HIGHEST PEAKS ON EVERY CONTINENT AND ALSO SKIED TO BOTH THE NORTH AND SOUTH POLES.



### **On the Edge: The Art of High-Impact Leadership**

Imagine yourself on the highest mountain in the world. You have to deal with the physiological effects of extreme altitude, along with bone-chilling temperatures, battering winds, and a climbing team that's counting on all of its members to make smart decisions. There's simply no room for poor judgment – one mistake or misstep can result in an "unrecoverable error." In any situation where lives are on the line or the stakes are exceptionally high, there's no better training ground for leaders. Drawing on her experience as team captain of the first American Women's Everest Expedition, Alison Levine makes a compelling case that the leadership principles that apply in the world of extreme adventure also apply to today's rigorously competitive business environments.

Register now for Ohio's  
premier CME program at  
[www.oonet.org/cme](http://www.oonet.org/cme)

**Wednesday, April 22**  
5:30 p.m. – 8:30 p.m.

**3.0**  
Cat. 1A  
Credits

### **DINNER and WORKSHOP** **Ohio ACOFP Annual Meeting and Family Practice Update, Presenting A Special Workshop in Dermatology**

Course Directors: Dawn L. Sammons, DO ('03) and  
Shannon Campbell Trotter, DO ('06)

This unique workshop was designed to encourage interaction, group discussion and problem-solving. Expert faculty will move from group to group and teach participants how to identify and treat the most common skin disorders seen in primary care. Focus will be on recognizing and beginning initial treatment of the less common, but more serious, skin disorders and determining which patients should be referred for dermatology consultation. Identification of malignant and premalignant skin tumors will be covered, as well as evaluation of appropriate biopsy options, management options and referral criteria.

*Seating Limited! See Registration Form to RSVP!*



## The Fifth Annual Regional Osteopathic Poster Exhibition and Competition

## Saturday, April 25 Regent Ballroom

7:00 a.m. – 1:30 p.m.  
Refreshments

Winners will be announced during  
Saturday's JO Watson Lecture.

#### **SPONSORED BY:**

Ohio University Heritage College of Osteopathic  
Medicine Centers for Osteopathic Research and  
Education and Ohio Osteopathic Association

**Thursday, April 23**  
8:00 a.m. – 9:00 p.m.

**10.5**  
Cat. 1A  
Credits

TRADE SHOW 8 a.m. – 5 p.m.

### MORNING SESSIONS

#### Heart and Vascular Update for the Primary Care Physician

Mitchell J. Silver, DO ('89)  
Steven M. Dean, DO  
David J. Nicholson, DO ('04)  
Jayme L. Rock-Willoughby, DO ('06)

#### Chronic Kidney Disease Update

Daniel J. Roncone, DO ('01)

### LUNCHEON – HERITAGE COLLEGE UPDATE

#### Faculty Development – Competency Based Medical Education

Larry Hurtubise, MA

#### Innovative Curriculum – Cleveland Campus Update

Isaac J. Kirstein, DO, FACOI

### AFTERNOON SESSIONS

#### Physician Quality Reporting System (PQRS)

Ronald R. Burns, DO ('89)

#### Transforming Payment for a Healthier Ohio

Mary L. Applegate, MD, FAAP, FACP – Chief Medical Officer, Ohio Department of Medicaid

#### Experiences Learned from Ohio's Comprehensive Primary Care Initiative (CPCI)

Katherine A. Clark, DO ('88)

#### Using Technology to Control Diabetes: Past, Present and Future

Frank L. Schwartz, MD, FACE, J.O. Watson Chair for Diabetes Research

### MIX AND MINGLE

#### Ohio Women in Medicine – "This One's For the Girls"

Women Only Happy Hour

### EVENING SESSION

#### "Alive Inside" – Dementia Workshop

Documentary film screening followed by a panel discussion on Dementia Care

**Friday, April 24**  
8:00 a.m. – 7:30 p.m.

**8.0**  
Cat. 1A  
Credits

SPONSORED BREAKFAST:

*Janssen Pharmaceuticals*

TRADE SHOW 8 a.m. – 12 p.m.

### MORNING SESSIONS

#### Emergency Medicine: Practical Management of Acute Stroke

#### Emergency Medicine: Toxicology Update

#### Diabetes Mellitus Update

Frank L. Schwartz, MD, FACE, J.O. Watson Chair for Diabetes Research

#### Managing Chronic Pain in the Patient Centered Medical Home – Engaging the Entire Care Team to Facilitate a Comprehensive Pain Management Program in the Primary Care Setting

Cynthia S. Kelley, DO ('01)

#### Affordable Care Act

Robert L. Hunter, DO, CMD, FACOPF, FACOEP

### LUNCHEON – OOA PRESIDENT'S ADDRESS:

#### The Scholarly Clinician

Robert W. Hostoffer, Jr., DO, FAAP, FACOP

### AFTERNOON SESSIONS

#### Women's Health: New Pap Guidelines

Jennifer A. Roncone, DO ('01), FACOOG

#### Limitations of Short Acting Contraceptives and Benefits of Long Acting Contraceptives for Teens and Adults

Jane E. Broeker, MD  
Jane T. Balbo, DO ('07)

#### Psychiatry: Bipolar Disorder

Michael Knable, DO ('86), DFAPA

#### Creating an Empathic Collaborative Team Culture for Healthier Patient Outcomes

Gary L. Saltus, DO, FACOS

### AWARDS RECEPTION

#### Honoring Your Osteopathic Peers

Heritage College, OOA, Ohio ACOFP, Advocates Awards Presentations

**Saturday, April 25**  
8:00 a.m. – 8:30 p.m.

**8.0**  
Cat. 1A  
Credits

### MORNING SESSIONS

#### Osteopathic Patient Centered Care in the 21st Century: Empathy, Mindfulness and Advanced Communications

Leonard H. Calabrese, DO  
Theodore F. Classen DO, Chair of Osteopathic Research and Education

### AOA PRESIDENT'S ADDRESS

Robert. S. Juhasz, DO, FACOI

#### J.O. Watson, DO Memorial Lecture: Reaching the Summit – Leading the Medical Education Expedition

Kenneth H. Johnson, DO, FFAO  
Executive Dean, Heritage College

*Poster Competition Winners Announced*

### KEYNOTE ADDRESS:

#### On the Edge: The Art of High Impact Leadership

Alison Levine

### LUNCH ON YOUR OWN

### AFTERNOON SESSIONS

#### Mindfulness Session: How to Incorporate Mindfulness Into Your Practice

Katy Kropf, DO ('02)

#### Orthopedics Workshop: Casting/Splinting

Specialists from OrthoNeuro

#### OMT Workshop: Ankle Sprain

Simeon J. Hain, DO  
Eric Miller, DO

### SPECIAL EVENT

#### Pass the Torch: Match and Mentor Celebration Celebrating OU-HCOM 4th Year Students and Fostering Mentoring Relationships for Students and Young Physicians

Presented by the Heritage College Society of Alumni and Friends, Osteopathic Heritage Foundations and OOA, in partnership with the Heritage College Office of Student Affairs



**I LOVE DOs**

Celebrating **osteopathic** physicians (DOs) and the distinct care they provide

[www.osteopathic.org](http://www.osteopathic.org)

**NOM WEEK – APRIL 19-25, 2015**

## PASS THE TORCH: Match and Mentor Celebration

**Saturday, April 25**  
**Regent Ballroom**  
**6:30 p.m. – 8:30 p.m.**

PRESENTED BY:  
The Heritage College  
Society of Alumni and Friends,  
Osteopathic Heritage Foundations,  
and OOA, in partnership with the  
Heritage College Office of Student Affairs.

**Sunday, April 26**  
8:00 a.m. – 11:00 a.m.

**3.0**  
Cat. 1A  
Credits

### MORNING SESSION

#### Opiate Addiction/Chronic Pain

Cleanne Cass, DO, FAAFP, FAAHPM, CAQ Geriatrics

### FAREWELL BRUNCH

Program subject to change. For updates and details please visit: [www.ooanet.org/cme](http://www.ooanet.org/cme)

#### CME COMMITTEE MEMBERS

Peter Bell, DO

Robert Hunter, DO

Katherine Clark, DO

Timothy Law, DO

Melinda Ford, DO

Sandra Snyder, DO

Greg Hill, DO

Henry Wehrum, DO

## EDUCATIONAL BREAKFAST

**Friday, April 24**  
**7:00 – 8:00 a.m.**

**INVOKANA: Advanced  
Paradigm Changes in Type 2  
Diabetes Management**  
Presented by Bruce Bode, M.D.

This will be the only breakfast option  
on Friday. Please indicate your  
attendance on the registration form.

Breakfast is generously provided by  
Janssen Pharmaceuticals.

## CME Credit

The Ohio University Heritage College of Osteopathic Medicine Consortium for Health Education in Appalachia Ohio's Office of Continuing Medical Education is approved as an accredited CME sponsor by the American Osteopathic Association. This program has been approved for **32.5 family medicine credits** through the ACOFP. Specialty credits may be awarded in a variety of areas. The Ohio University Heritage College of Osteopathic Medicine will submit your credit hours to the AOA and provide attendance certificates for your records. To receive credit, you must sign in at the registration table upon arrival and complete the CME Verification Request Form before departing the Symposium. Credits cannot be issued to physicians failing to sign in.

An additional 3 category 1A credits are available should you choose to complete an Outcomes Assessment Survey, which will be emailed to you within 60 days after the Symposium.

## Registration Desk

Pre-registered and on-site registration packets may be picked up at the Ohio Osteopathic Symposium registration desk in the Easton Ballroom Lobby during the following times:

**Wednesday (April 22) 4:30 p.m. – 8:30 p.m.**

**Thursday – Saturday (April 23 – 25) 7:00 a.m. – 5:00 p.m.**

**Sunday (April 26) 8:00 a.m. – 11:00 a.m.**

## Registration Information

**Register by April 1, 2015 and save \$100!!**

Register online 24 hours a day at [www.ooanet.org/cme](http://www.ooanet.org/cme) or send in the Symposium Registration Form, along with payment (must be received **no later than April 1, 2015**, to avoid a late fee). On-site registration will be available for an additional \$50 fee.

## Cancellations, Refunds and Grievances

Refunds for cancellation will be granted in full if notification is received by **April 18, 2015**. After this date, an administrative fee of \$75 will be assessed. This program is designed to comply with Uniform Guidelines for Accrediting Agencies of Continuing Medical Education. All grievances will be responded to within 30 days of receipt. Initially, all grievances should be directed to the Heritage College CME Office. Additional information concerning compliance may be obtained by contacting the AOA Division of CME at 800.621.1773.

## House of Delegates

The OOA House of Delegates will meet April 24-25, 2015. If you are attending the meeting as a delegate only, there is no registration form, fee, meal tickets or CME credits. If you want to earn CME credit, there are two delegate packages available. Please call the OOA central office at 800.234.4848 for pricing and registration.



Heritage  
College of  
Osteopathic  
Medicine



FOR BOARD, COUNCIL AND DELEGATE MEETINGS, CHECK THE COMPLETE SCHEDULE ONLINE AT [WWW.OOANET.ORG/CME](http://WWW.OOANET.ORG/CME)

# Ohio Osteopathic Symposium Registration Form

Register online at [www.ooanet.org/cme](http://www.ooanet.org/cme)  
OR complete the following registration form.

Today's date \_\_\_\_\_

Please print

Name \_\_\_\_\_

AOA Number \_\_\_\_\_

Spouse/Guest Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail Address \_\_\_\_\_

## PAYMENT (Check type)

- Visa       MasterCard       American Express  
 Discover       Check enclosed (payable to Ohio Osteopathic Foundation)

Card number \_\_\_\_\_

Expiration Date (e.g. 05/2014) \_\_\_\_\_ Security Code \_\_\_\_\_  
(Last 3 digits on back of card. AmEx card users-4 digit number on front of card.)

Name as it appears on card \_\_\_\_\_

Signature \_\_\_\_\_

Credit Card Billing Address \_\_\_\_\_

Billing City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

## RATES

Pricing includes all meal functions, lectures and special events.

	On or before April 1	After April 1
OOA Member or Heritage College Graduate .....	\$550 <input type="checkbox"/>	\$650 <input type="checkbox"/>
Non-OOA Member and Non-Heritage College Graduate ..	\$750 <input type="checkbox"/>	\$850 <input type="checkbox"/>
Retired .....	\$300 <input type="checkbox"/>	\$350 <input type="checkbox"/>
Spouse/Guest .....	\$100 <input type="checkbox"/>	\$100 <input type="checkbox"/>
Intern/Resident .....	\$75 <input type="checkbox"/>	\$75 <input type="checkbox"/>
Medical Students .....	\$0 <input type="checkbox"/>	\$0 <input type="checkbox"/>

Total Amount Enclosed \$ \_\_\_\_\_

On-site registrants will be charged an additional \$50 fee.

## Return this form by mail or fax to:

**Ohio Osteopathic Association, Post Office Box 8130, Columbus, OH 43201-0130**  
**Phone: 614.299.2107, Fax: 614.294.0457**

## Volunteer at the Symposium!

- Moderate a Presentation       Judge the Poster Competition

## Limited Seating! PLEASE RSVP!

- Attend the Breakfast on Friday (sponsored by Janssen Pharmaceuticals)  
 Attend the Saturday Match and Mentor Event       Attend the Wednesday Dermatology Workshop

# CALLING ALL CORE RESIDENTS

**Friday, April 24**  
**9:00 a.m. – 5:00 p.m.**

## Resident Leadership Seminar/Chief Resident Workshop

CORE residents will learn:

- How to Define Leadership
- Professionalism in Medicine
- Leading Others Begins with Leading Self
- Leading Patients to Health and Wellness
- Leading a Congruent Team Based on Shared Values
- Leading Your Organization Skillfully

**Session will be led by  
Dr. Barry A. Doublestein  
President, Leadership Solutions**

The workshop is sponsored by the **CORE Osteopathic Residents Advisory Committee** and is only open to residents affiliated with the CORE. There is no charge for workshop attendance only.

Residents wishing to attend the entire Symposium must register and pay a \$75 registration fee.

Please register for clinical lectures online at [www.ooanet.org/cme](http://www.ooanet.org/cme) or complete the attached form.

detach and return

detach and return



**Heritage  
College of  
Osteopathic  
Medicine**

Office of Alumni Affairs  
225 Grosvenor Hall  
1 Ohio University  
Athens OH 45701

## Earn 32.5 Hours of 1A CME Credit Book Your Room Now!

Room reservation deadline is March 21; however, the earlier you make your reservation, the more assurance you will have of obtaining the Symposium rate of \$171/night.

Visit [www.ooanet.org/cme](http://www.ooanet.org/cme) or call the Hilton Columbus at Easton at 614.414.5000 to reserve your room. Mention code OST to receive the Symposium rate.

## Hilton Columbus at Easton

3900 Chagrin Drive, Columbus, OH 43219  
Tel: 614.414.5000, Fax: 614.414.5100

The 100 percent smoke-free Hilton Easton is a AAA 4-Diamond, full-service, upscale hotel located in the heart of Easton Town Center, a dining, shopping and entertainment destination. In-room Internet access available.

## Directions

From Interstate 270 north or south, take the Easton Exit (#33). Exit onto Easton Way. Remain on Easton Way through second stoplight. Turn right on Chagrin Drive. Hotel is on the right.

## Parking

Self Parking: No Charge (surface lot & garage)  
Valet Parking: \$10 per day  
In/Out privileges and covered parking available



#ohioosteo

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