



IGNITING A MOVEMENT IN PRIMARY CARE

OHIO'S PREMIER OSTEOPATHIC CME PROGRAM

EVENT PROGRAM

**2018 OHIO
OSTEOPATHIC
SYMPOSIUM**

A collaboration of Ohio University Heritage College of
Osteopathic Medicine and Ohio Osteopathic Association

**APRIL 25-29, 2018
HILTON COLUMBUS
AT EASTON**

FEATURED SPEAKER
Andrew Morris-Singer, MD

Founder + President
Primary Care Progress

www.ooanet.org/cme

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BUILDING A SOLID FOUNDATION

The Osteopathic Heritage Foundations is pleased to support the 2018 Ohio Osteopathic Symposium.

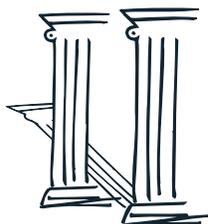
OHF is proud to support the following programs:

- J.O. Watson, DO, Memorial Lecture
- George L. Eckert, DO, Mentor of the Year Award

To learn more about the Osteopathic Heritage Foundations, please visit: www.osteopathicheritage.org

Osteopathic Heritage Foundations
1500 Lake Shore Drive, Suite 230
Columbus, OH 43204-3800

Phone (614) 737-4370



Osteopathic
Heritage
Foundations

WELCOME TO OOS 2018

The 2018 Ohio Osteopathic Symposium marks the eighth year of collaboration between the Ohio Osteopathic Association and the Ohio University Heritage College of Osteopathic Medicine and its Society of Alumni and Friends. What a collaboration it has been for our osteopathic family!

This year, we are bringing together hundreds of DOs with the overall goal to advance the health of patients and prepare physicians to lead the transformation of primary care. Sessions on dermatology, orthopedics, women's health and OMM address our changing health care system and some of society's most pressing health issues.

CME COMMITTEE CHAIRS

Sean D. Stiltner, DO ('04) - President, Ohio Osteopathic Association

Timothy D. Law Sr., DO ('94), MBA - President, Heritage College Society of Alumni and Friends



THREE EASY STEPS TO RECEIVE YOUR CME CREDIT

1. Sign in at the registration table. (Look for the balloons.) You only need to sign in once during the entire symposium.
2. Print your name clearly and indicate your AOA member number on the CME Verification Request Form to receive credit.
3. Complete the CME Verification Request Form (with your AOA number and email address). Indicate only the number of hours you attended, sign at the bottom and turn in with your evaluation packet at the Registration Desk before you leave. If you forget to submit it before leaving, you may fax the form to 740.593.9536.

The CME Verification Request Form can be found in the CME Verification and Evaluation Material folder you received at registration. Please note that there is only one CME Verification Request Form to complete, and you will only need to sign in once. Physicians must complete the CME Verification Request Form attesting to the total number of hours attended. Credit will be given only to physicians who return the form indicating the total number of hours attended. No credit will be given to physicians who fail to do so. Credit will be submitted directly to the American Osteopathic Association by the Ohio University Heritage College of Osteopathic Medicine. A certificate of attendance will be emailed or mailed to you approximately four weeks after the symposium.

CME GUIDELINES

The 2018 Ohio Osteopathic Symposium is designed to comply with the Uniform Guidelines for Accrediting Agencies of Continuing Medical Education. Questions or complaints concerning the program should be directed to the Ohio University Heritage College of Osteopathic Medicine Office of Continuing Medical Education at 740.593.2292. Additional compliance information may be obtained by contacting the American Osteopathic Association Division of CME at 800.621.1773.

CME CREDIT

A total of 31.5 hours of Category 1-A CME credit has been granted by the American Osteopathic Association. Credits will be granted according to the following schedule:

Wednesday, April 25	3.0 credit hours
Thursday, April 26	9.0 credit hours
Friday, April 27	9.0 credit hours
Saturday, April 28	7.5 credit hours
Sunday, April 29	3.0 credit hours

An additional 3.0 Category 1-A credits are available if you choose to complete an Outcomes Assessment Survey, which will be emailed to you approximately 30 days after the conclusion of the symposium.

WIRELESS INTERNET

You will have access to the Hilton's wireless Internet during the educational sessions. In order to maximize efficiency and speed, please disable any wireless hotspots you have on your devices. Wireless hotspots can drag the Hilton's system down, causing it to crash. If you need to power your device, be sure to sit in the front row of the lecture room to have access to electricity and a power strip. Wifi login instructions are provided in your registration folder.

PROGRAM MATERIALS

PowerPoint presentations may be found on our secure website. Please refer to the handout in your registration packet for information on accessing these materials.

 WEDNESDAY, APRIL 25, 2018 | TOTAL CREDITS: 3.0

TIME	FUNCTION	LOCATION
4:30-8:30pm	EXHIBITOR SET-UP + REGISTRATION	EASTON LOBBY
6:00-9:00pm	DERMATOLOGY ROUNDTABLE - RASHES AND SKIN ERUPTIONS THAT WOULD STUMP A PCP Dawn L. Sammons, DO ('03), FAOCD - Course Director Dermatologist - Oakview Dermatology/Program Director, Dermatology Residency - O'Bleness Hospital Kacie K. Adkins, DO Dermatologist - Tri-Health Physician Partners Nicholas A. Benner, DO ('10) Dermatologist - Pickaway Health Services/Berger Health System Alison D. Himes, DO ('07) Dermatologist - Dermatologist of Greater Columbus Andrea M. Costanza, DO Co-Medical Director - Signature Dermatology Marya L. Cassandra, DO ('01) Co-Medical Director - Signature Dermatology Ramona M. Sarsama Nixon, DO ('05) Dermatologist - Ohio Premier Dermatology	EASTON C/D/E AND JUNIPER A/B/C

CME CREDITS

3.0

 THURSDAY, APRIL 26, 2018 | TOTAL CREDITS: 9.0

TIME	FUNCTION	LOCATION
7:00am-5:00pm	REGISTRATION	EASTON LOBBY
7:00-8:00am	CONTINENTAL BREAKFAST	EASTON LOBBY
8:00am-5:00pm	EXHIBITS OPEN	EASTON LOBBY
8:00-10:00am	WOMEN'S HEALTH PANEL (Presented by Ohio Women in Medicine) MENOPAUSE UPDATE - Melissa O. Juliano, DO ('09), NMCP Director, Women's Health - OhioHealth/Mansfield UROGYNECOLOGY - Joseph M. Novi, DO, FACOG Medical Director, OhioHealth Urogynecology Physicians WOMEN AND HEART DISEASE - Sharon Roble, MD Cardiologist, OhioHealth Heart & Vascular Physicians	EASTON A/B
10:00-10:30am	COFFEE BREAK/VISIT EXHIBITS	EASTON FOYER REGENT FOYER
10:30-11:00am	INTRODUCTION TO RESPONDING TO RACISM IN CLINICAL SETTINGS: OSTEOPATHIC STUDENT AND FACULTY PERSPECTIVES (Presented by the Heritage College Department of Family Medicine) Katy J. Kropf, DO ('02) Assistant Professor, Family Medicine - Heritage College Sharon Casapulla, EdD Director of Education and Research, Rural and Underserved Programs, Heritage College Tiandra Finch, MA, MBA Joel Manzi - OMS 1	EASTON A/B
11:00am-noon	BATTLEFIELD MEDICINE: THE MILITARY IRAQ EXPERIENCE Donald K. Spaner, MD Colonel and Deputy Commander for Clinical Services, U.S. Army	EASTON A/B
12:00-1:30pm	LUNCHEON - ALL WELCOME OSTEOPATHIC MEDICINE: OUR FOCUS ON THE FUTURE - Kenneth H. Johnson, DO, FAAO Heritage College, Executive Dean	REGENT BALLROOM
1:30-3:30pm	GENDER, SEXUALITIES & HEALTH: LEARNING FROM PATIENTS TO TRANSFORM OUR PRACTICES (Presented by the Heritage College Department of Family Medicine) Jane T. Balbo, DO ('07) Assistant Professor, Family Medicine and Director of the Family Medicine Associateship - Heritage College Julie A. White, PhD Professor, Political Science and Director, Women's, Gender, and Sexuality Program at Ohio University Elliot Long Patient	EASTON A/B
1:30-3:30pm	CLINICAL TRIALS AWARENESS: A PATIENT'S PERSPECTIVE (Presented by the Heritage College Department of Family Medicine) Darlene Berryman, PhD, RD, LD Associate Dean for Research & Innovation - Heritage College Timothy D. Law, DO ('94) Medical Director, Clinical and Translational Research Unit and Associate Director, Rural and Urban Scholars Pathways - Heritage College Bryan Hinkle Perry County resident with immune disease affecting peripheral nervous system	EASTON C/D/E
3:30-4:00pm	COFFEE BREAK - VISIT EXHIBITS - EXHIBITOR AWARDS	EASTON FOYER
4:00-6:00pm	HERITAGE COLLEGE ADMISSIONS INFORMATION SESSION John D. Schriener, PhD Associate Dean, Admissions & Student Affairs - Heritage College Jill L. Harman, MEd Senior Director, Admissions - Heritage College	JUNIPER B
4:00-5:30pm	OHIO OSTEOPATHIC FOUNDATION (OOF) BOARD MEETING	LILAC
4:00-5:00pm	PROVIDING MEDICAL CARE TO PATIENTS WITH DOWN SYNDROME Stephanie L. Santoro, MD Clinical Geneticist Nationwide Children's Hospital	EASTON A/B

CME CREDITS

2.0

0.5

1.0

1.5

2.0

2.0

1.0

OHIO ACOFP PRESIDENT'S INSTALLATION CELEBRATION

ALL ARE WELCOME TO ATTEND

Geraldine N. Urse, DO ('93), FACOFP, will be installed as president

Brian A. Kessler, DO, FACOFP, National American College of Osteopathic Family Physicians Board of Governors member, will also provide an update of events happening at the national level.

6:00PM - 6:30PM | Business Meeting + Installation
6:30PM - 7:30PM | Celebration Reception - Light Refreshments



THURSDAY, APRIL 26, 2018

6:00PM - 7:30PM | REGENT BALLROOM

BRIAN A. KESSLER, DO, FACOFP

GERALDINE N. URSE, DO ('93) FACOFP

J.O. WATSON, DO, MEMORIAL LECTURE

DISCOVERING A NOVEL LINK BETWEEN FATTY
LIVER AND CARDIOVASCULAR DISEASE

Sonia M. Najjar, PhD, was selected to deliver the annual lecture, a prestigious, long-standing tribute to one of Ohio's most respected DOs, the late J.O. Watson. The award honors individuals who have made a significant contribution to the advancement of health care, osteopathic medical education or research. Thanks to the generous support of the Osteopathic Heritage Foundations, the lecture award carries an honorarium and a \$5,000 charitable contribution in the recipient's name to an osteopathic supportive endowment, college, university or foundation of the lecturer's choice.



FRIDAY, APRIL 27, 2018

10:30AM - 11:30AM | EASTON A/B

SONIA M. NAJJAR, PHD

OSTEOPATHIC HERITAGE FOUNDATION JOHN J. KOPCHICK,
PHD, ENDOWED EMINENT RESEARCH CHAIR

KEYNOTE ADDRESS

IGNITING A MOVEMENT IN PRIMARY CARE

Dr. Andrew Morris-Singer, board certified in internal medicine, is president and founder of Primary Care Progress, as well as a practicing clinician, medical educator, and leadership consultant. With nearly 20 years of experience in advocacy, he regularly writes and speaks on current trends in primary care, community organizing strategies to advance primary care reform, and the emerging model of Relational Leadership™. He is a lecturer in Global Health and Social Medicine at Harvard Medical School, an assistant professor in the Department of Family and Preventive Medicine at the University of Utah. He earned his medical degree at Harvard Medical School and completed his residency at Brigham and Women's Hospital in Boston.



FRIDAY, APRIL 27, 2018

11:30AM - 12:30PM | REGENT BALLROOM

ANDREW MORRIS-SINGER, MD

KEYNOTE SPEAKER

 THURSDAY, APRIL 26, 2018 | CONTINUED

TIME	FUNCTION	LOCATION	CME CREDITS
5:00-6:00pm	HOSPITAL MEDICINE Amy T. O'Linn, DO ('05), FHM, FACP Site Director, Cleveland Clinic Foundation Hospitalists, Fairview Hospital	EASTON A/B	1.0
6:00-6:30pm	OHIO ACOFP BUSINESS MEETING + PRESIDENT'S INSTALLATION SPECIAL GUEST: Brian A. Kessler, DO, ACOFP Board of Governors ALL ARE WELCOME - NO CME CREDIT OFFERED	REGENT BALLROOM	
6:30-7:30pm	OHIO ACOFP PRESIDENT'S INSTALLATION CELEBRATION REFRESHMENTS - ALL ARE WELCOME (This is not a dinner) - NO CME CREDIT OFFERED	REGENT BALLROOM	

 FRIDAY, APRIL 27, 2018 | TOTAL CREDITS: 9.0

TIME	FUNCTION	LOCATION	CME CREDITS
7:00-8:00am	REGISTRATION	EASTON LOBBY	
7:00-8:00am	CONTINENTAL BREAKFAST	REGENT LOBBY	
7:00am-noon	EXHIBITS OPEN	EASTON LOBBY	
8:00-10:00am	PSYCHIATRY: RAPID FIRE ADULT ADHD - Michael B. Knable, DO ('86), DFAPA Executive Director, Sylvan C. Herman Foundation and Medical Director, Clearview Communities Practicing Psychiatrist, Bethesda, Maryland NEUROMODULATION UPDATE - William J. Resch, DO ('99) Practicing Psychiatrist, Ohio Health PSYCHOPHARMACOLOGY UPDATE WITH A DISCUSSION ON PHARMACOGENETIC TESTING - Elizabeth A. Yoder, DO ('06) Practicing Psychiatrist, Licking Memorial Health System	EASTON A/B	2.0
10:00-11:00am	ADVOCATES BREAKFAST + GENERAL MEETING	LILAC	
10:00-10:30am	VISIT EXHIBITORS - REFRESHMENT BREAK		
10:30-11:30am	J.O. WATSON MEMORIAL LECTURE DISCOVERING A NOVEL LINK BETWEEN FATTY LIVER + CARDIOVASCULAR DISEASE - Sonia M. Najjar, PhD Osteopathic Heritage Foundation John J. Kopchick, PhD, Endowed Eminent Research Chair and Professor, Department of Biomedical Sciences, Heritage College	EASTON A/B	1.0
11:30am-12:30pm	KEYNOTE ADDRESS: IGNITING A MOVEMENT IN PRIMARY CARE SPEAKER: Andrew Morris-Singer, MD President and Founder, Primary Care Progress	EASTON A/B	1.0
12:30-2:00pm	LUNCHEON - ALL WELCOME AOA PRESIDENT'S ADDRESS - Mark A. Baker, DO OOA PRESIDENT'S ADDRESS: LEADERSHIP DEVELOPMENT IN THE OSTEOPATHIC PROFESSION - Jennifer J. Hauler, DO ('01)	REGENT BALLROOM	1.5
2:00-3:00pm	INCORPORATING OSTEOPATHIC PRINCIPLES INTO EVERYDAY PATIENT CARE Robert B. Truax, DO Family Medicine, University Hospitals Case Medical Center/Cleveland Leah Sheridan, PhD Associate Lecturer, Physiology, Heritage College	EASTON A/B	1.0
2:00-3:45pm	HOUSE OF DELEGATES	EASTON C/D/E	
3:00-4:00pm	PULMONARY MEDICINE: UPDATES IN ASTHMA & COPD WITH INHALER REVIEW Nathan P. Samsa, DO ('02), PharmD Pulmonologist/Intensivist at The Bellevue Hospital	EASTON A/B	1.0
3:45-4:15pm	REFRESHMENT BREAK - GRAB AND GO	EASTON LOBBY	
3:45-5:30pm	HOUSE OF DELEGATES - REFERENCE COMMITTEES Constitution/Bylaws Ad Hoc	JUNIPER B JUNIPER C	
4:00-5:30pm	EMERGENCY MEDICINE - 2018 HOT TOPICS Joseph D. Bushek, DO ('08) Emergency Services Inc., Mount Carmel Health System Ryan G. Hartman, MD Emergency Services Inc., Mount Carmel Health System Cecil V. Thomas, DO Emergency Services Inc., Mount Carmel Health System Maury L. Witkoff, DO Emergency Services Inc., Mount Carmel Health System	EASTON A/B	1.5
6:00-7:30pm	COCKTAIL AWARDS RECEPTION HONORING YOUR OSTEOPATHIC PEERS Heritage College Awards/OOA Awards/Ohio ACOFP Awards	REGENT BALLROOM	

AOA UPDATE

AN UPDATE FROM THE PRESIDENT

Dr. Baker is an osteopathic diagnostic radiologist from Fort Worth, Texas. He works at Western Radiology in Fort Worth, specializing in diagnostic radiology. In addition, he serves as a clinical associate professor in the Department of Radiology at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth. After earning his osteopathic medical degree from UNTHSC/TCOM, Dr. Baker completed a residency in diagnostic radiology at Fort Worth Osteopathic Medical Center. He has served as president of the Texas Osteopathic Medical Association. He also is a member of the American Osteopathic College of Radiology.



MARK A. BAKER, DO

PRESIDENT, AMERICAN OSTEOPATHIC ASSOCIATION

FRIDAY, APRIL 27, 2018
12:30PM - 2:00PM | REGENT BALLROOM

LEADERSHIP DEVELOPMENT IN THE OSTEOPATHIC PROFESSION

Dr. Hauler, of Tipp City, has been a leader in the osteopathic medical profession since she started medical school. The 2001 Ohio University Heritage College of Osteopathic Medicine graduate completed a dual residency in family medicine and emergency medicine at Grandview Medical Center. She has served on the OOA Board of Trustees since 2009 and was president of the Dayton District Academy of Osteopathic Medicine. On the OOA Board, her work has focused on membership initiatives and governance. Dr. Hauler is vice president and chief medical officer at Premier Health in Dayton. She is also a paramedic instructor and medical director of the Troy and Vandalia fire departments. In addition to her DO degree, she earned an MBA from the Kelley School of Business at Indiana University.



JENNIFER J. HAULER, DO ('01)

PRESIDENT-ELECT, OHIO OSTEOPATHIC ASSOCIATION

FRIDAY, APRIL 27, 2018
12:30 - 2:00 PM | REGENT BALLROOM

THE EIGHTH ANNUAL REGIONAL OSTEOPATHIC POSTER EXHIBITION + COMPETITION

SPONSORED BY:
Ohio University Heritage College of Osteopathic Medicine
Centers for Osteopathic Research and Education and Ohio
Osteopathic Association

Refreshments provided



WINNERS WILL BE ANNOUNCED AT 11:30AM

SATURDAY, APRIL 28, 2018
8:00AM - 11:00AM | REGENT BALLROOM

 SATURDAY, APRIL 28, 2018 | TOTAL CREDITS: 7.5

TIME	FUNCTION	LOCATION	CME CREDITS
7:00am-7:00pm	REGISTRATION	EASTON LOBBY	
7:00-8:00am	CONTINENTAL BREAKFAST	REGENT/REGENT PRE-FUNCTION	
7:00-11:00am	POSTER EXHIBITON + COMPETITION	REGENT BALLROOM + FOYER/PRE-FUNCTION	
8:00-10:00am	TOXICOLOGY UPDATE: A RATIONAL APPROACH TO HANDLING DRUGS OF ABUSE MEDICAL AND RECREATIONAL MARIJUANA; DRUGS OF ABUSE UPDATE - Heath A. Jolliff, DO ('94), FACMT, FACEP, FAAAEM Director, Medical Toxicology Mid-Ohio Toxicology Services LLC	EASTON A/B	2.0
10:00-10:30am	REFRESHMENT BREAK - VIEW POSTERS	REGENT BALLROOM	
10:30-11:30am	DIABETES PANEL DISCUSSION WHAT'S NEW IN THE GUIDELINES FOR TREATING DIABETES? - Amber M. Healy, DO ('09) Director, Heritage College Diabetes Fellowship CURRENT MEDICAL NUTRITION THERAPY GUIDELINES FOR PEOPLE WITH DIABETES - Karen Bailey, RD, CDE Diabetes Educator - Heritage College NAVIGATING MEDICATIONS FOR PEOPLE WITH DIABETES - Sarah Adkins, PharmD, BCACP OSU College of Pharmacy	EASTON A/B	1.0
11:30am-noon	TOPIC: EMERGING OSTEOPATHIC RESEARCH Darlene Berryman, PhD, RD, LD Associate Dean for Research and Innovation - Heritage College	EASTON A/B	0.5
12:00-2:00pm	RUSP RESEARCH FORUM (STUDENT PARTICIPANTS - NO CME CREDIT OFFERED)	REGENT 3 BALLROOM	
12:00-1:30pm	LUNCH ON YOUR OWN - OR - DAYTON DISTRICT ACADEMY CAUCUS MEETING (Boxed lunch served) CLEVELAND DISTRICT ACADEMY CAUCUS MEETING (Boxed lunch served) SMALL ACADEMIES DISTRICT CAUCUS MEETING (Boxed lunch served) COLUMBUS DISTRICT ACADEMY CAUCUS MEETING (Boxed lunch served) AKRON/CANTON DISTRICT ACADEMY CAUCUS MEETING (Boxed lunch served)	LILAC WORTHINGTON JUNIPER C JUNIPER B EASTON C/D/E	
1:30-3:30pm	RESPONDING TO RACISM IN CLINICAL SETTINGS: A FORUM THEATER EXPERIENCE (Presented by the Heritage College Department of Family Medicine) Tracy L. Shaub, DO ('92) - moderator Chair, Department of Family Medicine - Heritage College Katy J. Kropf, DO ('02) Assistant Professor, Family Medicine - Heritage College Sharon Casapulla, EdD Director of Education and Research, Rural and Underserved Programs - Heritage College Tiandra Finch, MA, MBA Joel Manzi, OMS I	EASTON A/B	2.0
1:30-5:30pm	LIFESTYLE MEDICINE WORKSHOP A PHYSICIAN'S ROADMAP TO INTEGRATING LIFESTYLE MEDICINE INTO YOUR DAILY PRACTICE Brian H. Asbill, MD, FACC Asheville Cardiology Associates (North Carolina)	COLUMBUS ROOM	2.0
3:15-3:45pm	REFRESHMENT BREAK - GRAB AND GO	EASTON LOBBY	
3:30-5:30pm	OMM WORKSHOP: OMT FOR CERVICAL SPINE Benjamin V. Bring, DO Assistant Program Director and Osteopathic Track Director, Family Medicine Residency Program Dublin Methodist Hospital	REGENT BALLROOM	2.0
3:30-5:30pm	OOA HOUSE OF DELEGATES	EASTON C/D/E	
6:00-8:00pm	RECEPTION - OSTEOPATHIC MEDICINE RECOGNITION MONTH - ALL ARE WELCOME	EASTON BALLROOM	

 SUNDAY, APRIL 29, 2018 | TOTAL CREDITS: 3.0

TIME	FUNCTION	LOCATION	CME CREDITS
8:00-11:00am	ORTHOPEDICS: BOOTCAMP FOR PRIMARY CARE PHYSICIANS Michael B. Cannone, DO ('93) - Hip Ying H. Chen, DO - Spine Nicholas A. Cheney, DO ('07) - Foot & Ankle Robert J. Nowinski, DO ('96), FAOAO - Shoulder Ryan M. Palmer, DO ('09) - Knee Desmond J. Stutzman, DO ('95) - Hand	EASTON C/D/E AND JUNIPER A/B/C	3.0
11:00am-12:30pm	FAREWELL BRUNCH	EASTON A/B BALLROOM	

OSTEOPATHIC MEDICINE RECOGNITION MONTH RECEPTION

In celebration of Osteopathic Recognition Month, please join us for an evening of fellowship as we gather to celebrate both past and present.

All are welcome to attend the reception.



 **SATURDAY, APRIL 28, 2018**
 6:00PM - 8:00PM | EASTON A/B

ORTHOPEDICS BOOTCAMP FOR PRIMARY CARE PHYSICIANS

Learn critical orthopedic topics from expert faculty at the 2018 Ohio Osteopathic Symposium. The Orthopedics Boot Camp will provide you with a well-rounded foundation on some of the most challenging aspects of orthopedics.

Faculty will discuss topics across orthopedic specialties, including injuries to the spine, shoulder, elbow, wrist, hand, hip, knee, ankle and foot. Get engaging, hands-on instruction with joint and soft tissue injections, and ultrasound. Examine and discuss MRI case study reviews, physical exam techniques and common "On Call" case studies in multiple small breakout sessions.

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For every motion in life.

 **SUNDAY, APRIL 29, 2018**
 8:00 - 11:00AM | EASTON C/D/E + JUNIPER A/B/C

PRIZE DRAWINGS: VISIT EXHIBITS AND WIN!

Look for prize cards in your registration packet. Each card completed with the exhibitors' signatures qualifies for one chance to win, for a total of four chances. DOs (not spouses, guests or children) must personally have the cards signed. Sorry, residents and students are not eligible. Physicians must be present when the raffle is conducted during Sunday's Farewell Brunch to win. The Grand Prize drawing is sponsored by the Ohio Osteopathic Association and the Heritage College Society of Alumni and Friends. Funding for the raffles does not come from exhibit fees.

Exhibits are open Thursday, 8:00AM - 5:00PM, and Friday until 11:45AM. **The Grand Prize is \$1,500; Second Prize is \$1,000; and Third Prize is \$500.**

SAVE THE DATE OOS CONFERENCE - APRIL 24-28, 2019

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SAVE *the* DATE



HERITAGE COLLEGE



HERITAGE COLLEGE



Monday, Aug. 6th

Affectionately known as "The D.O.," the fourth annual Heritage College Dublin Open will take to the links on **Monday, Aug. 6,** at Tartan Fields Golf Club.

Monday, Sept. 17th

Tee off with us for our second annual Cleveland Ohio Memorial on **Monday, Sept. 17,** at Chagrin Valley Country Club.

For more information, please contact Laura Whitt/Heritage College Alumni Affairs at (614) 793-5607 or whittl@ohio.edu



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Let's PULL Together

PRIDE • UNITY • LOYALTY • LEGACY

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“As a rower, I value teamwork and pulling together for a common goal. Let's do that for our profession. We will strengthen the future of osteopathic medicine and lead the transformation of health care in Ohio if we all PULL together.”

Robert W. Hostoffer, Jr., DO, OOA President, 2015-2016

What is CHIP?

The Complete Health Improvement Program is a research tested Lifestyle Medicine solution designed to **prevent, arrest and reverse chronic disease**. CHIP focuses on the way people eat and the way people move, and takes a whole-of-life perspective. CHIP's successful outcomes have been published in over 30 peer reviewed journals.

What does it do For Patients?

CHIP is facilitated in a group setting using behavior change and self-discovery learning tools that can improve clinical outcomes. Participants form new habits to make better choices based on increased knowledge, skills and encouragement and peer inspiration.

In addition, CHIP can be billed to many insurance plans for those patients with cardiovascular risk factors!



1 Eighteen 60 minute vibrant educational group sessions



2 Group interactions initiating an optimal lifestyle journey



3 Information to support long term positive lifestyle changes

Contact Information

TO LEARN MORE: Visit our booth at the Ohio Osteopathic Symposium or call (909) 796-7676



WELCOMING DRG THERAPY to the Proclaim™ Neurostimulation Platform.

PREMIER THERAPY*
PREMIUM PLATFORM†
PRECISE** RELIEF.

The premier therapy for treating **causalgia** and **CRPS** of the lower limbs on a premium platform for a better patient experience

LEARN MORE AT SJM.COM/PROCLAIMDRG

*When compared to traditional tonic spinal cord stimulation based on outcomes from the ACCURATE IDE study.

**Precise pain in the foot, knee, hip or groin due to CRPS type I and II.

†Based on new technologies available for DRG therapy.

SJM.com/ProclaimDRG

St. Jude Medical is now Abbott.

Rx Only

Brief Summary: Prior to using these devices, please review the User's Guide for a complete listing of indications, contraindications, warnings, precautions, potential adverse events, and directions for use. The system is intended to be used with leads and associated extensions that are compatible with the system.

Indications for Use:

US: Spinal column stimulation via epidural and intra-spinal lead access to the dorsal root ganglion as an aid in the management of moderate to severe chronic intractable* pain of the lower limbs in adult patients with Complex Regional Pain Syndrome (CRPS) types I and II.**

*Study subjects from the ACCURATE clinical study had failed to achieve adequate pain relief from at least 2 prior pharmacologic treatments from at least 2 different drug classes and continued their pharmacologic therapy during the clinical study.

**Please note that in 1994, a consensus group of pain medicine experts gathered by the International Association for the Study of Pain (IASP) reviewed diagnostic criteria and agreed to rename reflex sympathetic dystrophy (RSD) and causalgia, as complex regional pain syndrome (CRPS) types I and II, respectively.

International: Management of chronic intractable pain.

Contraindications: **US:** Patients who are unable to operate the system, who are poor surgical risks, or who have failed to receive effective pain relief during trial stimulation. **International:** Patients who are unable to operate the system, are poor surgical risks, are pregnant, or under the age of 18. **Warnings/Precautions:** Diathermy therapy, implanted cardiac systems or other active implantable devices, magnetic resonance imaging (MRI), computed tomography (CT), electrosurgery devices, ultrasonic scanning equipment, therapeutic radiation, explosive or flammable gases, theft detectors and metal screening devices, lead movement, operation of machinery and equipment, pediatric use, pregnancy, and case damage. **Adverse Effects:** Painful stimulation, loss of pain relief, surgical risks (e.g., paralysis). User's Guide must be reviewed for detailed disclosure. **CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE, DISTRIBUTION AND USE BY OR ON THE ORDER OF A PHYSICIAN.**

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